

ORTHOPAEDIC



Dr. Sunil Raina

Healthy food and proper exercise is key to keep your joints fit.



Dr. Devendra Singh Solanki

India has come out of COVID pandemic with flying colours, with you all healthy and happy future ahead



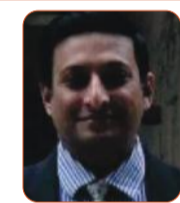
Dr. Sanjay Kapoor

Take care of your bone and joints and your mind. Do daily exercise and meditation



Dr. Suresh Arora

The recovery of a patient gives immense satisfaction and happiness to us. Their blessings motivate us to work with more zeal. I wish all my dear patients and their families a very healthy life. I also pray to God for upliment of Doctor Patient relationships to greater heights.



Dr. Sandeep Chauhan

In the darkest storm, heroes emerge. COVID's braves inspire hope."



Dr. Rohan Mehta

Patients are usually not satisfied with the quality of their care during hospitalization. Patient satisfaction can be improved through patient empowerment and engagement in the care delivery process.



Dr. Rajiv Gupta

Maintain good posture, nutritious diet, walk and exercise daily for a healthy and happy life. Relax and enjoy life



Dr. Subhash Manchanda

Osteoarthritis - It's a age related wear & tear in which the knee joints are most often affected. To a great extent lifestyle modification like weight control, exercises, avoiding stairs & squating can slow down the process.



Dr. Harsh Piplani

Make lifestyle change s, don't let walking from your car into a restaurant be the most exercise you get. Develop a healthy lifestyle and spread awareness about this.



Dr. Rakesh Mehta

Happy Doctor's Day to everybody. Wishing a safe and healthy practice both in mind and body. Trust should be the main ingredient in the doctor patient relationship.



Dr. Sukrit Sud

COVID challenged all doctors personally and professionally.. we came out fighting and won the battle



Dr. Pawan Rawal

"In the midst of darkness, their courage ignited a flame of hope, their sacrifice paved the path towards a brighter tomorrow. Saluting the unsung heroes of the COVID era, whose bravery transcended boundaries and inspired us all."



Dr. Anukalp Prakash

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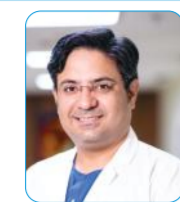
Dr. Amit Miglani

Think Positively
Exercise Daily
Eat Healthy
Work Hard
Stay Strong
Worry Less
Dance More
Love Often
Be Happy



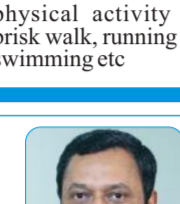
Dr. Arvind Kumar

Fatty liver is a very common entity affecting 40% of population in metros. It is caused mainly by being overweight /having diabetes/ or taking regular alcohol. It shall become the most common cause of liver transplant in this decade. Healthy eating of diet rich in fruits/ salads/ sprouts and adequate proteins and daily exercises are key to prevent this important lifestyle disease.



Dr. Vishal Khurana

Fatty liver disease is a rapidly growing problem in India and it is directly related to our daily routine life. To avoid this problem we should adopt healthy lifestyle like avoid alcohol, reduce excess body weight, avoid junk foods and increase physical activity eg- brisk walk, running and swimming etc



Dr. Bir Singh Sehrawat

Unhealthy eating habits in your children can effect their liver's ability to function, and over time, can even lead to permanent damage or disease.



Dr. Arjita k kumar

The awe of discovering the human body. The honor of being trusted to give advice. The gratitude for helping someone through a difficult illness. These things never grow old. happy doctor's day



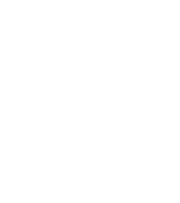
Dr. Ramchandra Soni

You are What you eat, every 35 Days, your skin replaces itself and your body makes new cells from the food you eat, what you eat literally becomes you.



Dr. Niti Gaur

Skin is the largest organ of our body and it should be given due respect. Any underlying change in the body initially manifests as skin changes, so do not ignore your skin disorders and visit a dermatologist if required.



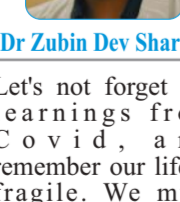
Dr. Anu Dabar

Early diagnosis and constant awareness of the symptoms are the keys to managing arthritis. Consulting with a rheumatologist and ensuring good compliance to treatment and follow up in addition to avoidance of smoking, regular exercise and maintaining an ideal body weight with correct nutrition can make the patient victorious in the fight against arthritis.



Dr. Rubal Gupta

Your Health is an investment, Not Expense



Dr. Zubin Dev Sharma

Let's not forget our learnings from Covid, and remember our life is fragile. We must keep working hard to make our lives healthy and keep trust in our caregivers



Dr. Shruti Bajad

Choose a doctor who is honest and dedicated and then follow his advice with full faith. That will help you in keeping a sound health.

THANK YOU DOCTORS

In Association with THE TIMES OF INDIA

The Covid pandemic has upended life for nearly every one, be it healthcare workers, first responders or other essential workers who have had to face more risks than most people. Fighting covid, protecting patients, saving the nation from the pandemic, many medical warriors' sacrificed their lives. It's time to pay homage and we are indebted.



Research for Better Medicines

SALUTES 1492+ COVID BRAVES ON

DOCTORS DAY

Source: <https://ima-india.org/ima-covid-donate/>

CONSULTANT PHYSICIAN



Dr. Vijay Kapoor

On this doctor's day all the citizens of India should take a pledge that they will not self-medicate and take treatment after proper medical advice from doctors as by self medication often precious time is wasted for early diagnosis of life threatening diseases.



Dr. Ravikant Bhusan

The best way to find yourself to lose yourself in the



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M. Shaik Kuchay

Doctors are born abilities to change other's lives.



Dr. Aanchal Sehrawat

A healthy skin is important because it reflects the inner health of a person as well as his or her physical appearance. So, besides maintaining a good health, one should also focus on daily skin care.



Dr. Sangeeta Verma

To give People the opportunity for Healthy Tomorrow- Happy Doctors Day

ENDOCRINOLOGIST



Dr. Rujul Jain

Good health is life's greatest blessing. It is an invaluable asset and is a state of complete harmony of the body and mind. On this Doctor's Day let us all take a pledge to prioritise health so that we can enjoy life to the fullest.



Dr. Ashutosh Goyal

On this Doctor's Day, I wish good health to all my fellow doctors. Please take care of yourself.



Dr. Harmandeep K Gill

From taking care of us, to our loved ones, from healing our cold, to our biggest fear, Thank you warriors for your neverending care.



Dr. Maninder Singh Sachdev

Keep smiling and stay happy, that's all to keep your heart healthy



Dr. Parjeet Kaur

Doctor heals the brokenhearted and binds up their wounds.



Dr. Abhoday Singh Rana

Few people are the born directly sent from God for us. Salute to the heroic job you did. Hats off to you.

CARDIOLOGIST



Dr. Amit Bhusan Sharma

Life does not get easier or more for giving we get stronger and more resilient



Dr. Jainendra Jain

"Medicine treat's disease but it's only doctors who cure patient."



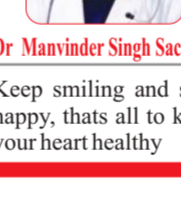
Dr. I. K. Jha

Each one of us have just one heart, so make sure that we take the best care of it.



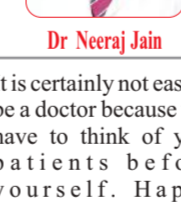
Dr. Sanjeev Chaudhary

Doctors are the beautiful blessing of the Almighty. I have always treated us unconditionally for better health during pandemic. Thanks for everything Happy Doctor's Day



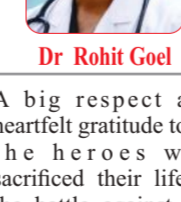
Dr. Bharat B Kukreti

Keep up the great work. Love to you all.



Dr. Neeraj Jain

It is certainly not easy to be a doctor because you have to think of your patients before yourself. Happy Doctors' Day!



Dr. Rohit Goel

A big respect and heartfelt gratitude to all the heroes who sacrificed their life in the battle against our biggest enemy, COVID.



Dr. Vaibhav Jain

Medicine treats the disease doctors cure patients.

UROLOGIST



Dr. Anil Mandhani

Let's kill time on self for INSTA health, vibrant FACE and agility like a tweety bird.



Dr. Prasen Ghosh

Stay healthy, Stay away from us.



Dr. Lovleen Mangla

A doctor is bestowed with the eye to see and treat weakness in mankind. He is the one who can give us hope when we are in doom.



Dr. Yendra Singh Rajput

For them their duty was before anything else. A heartfelt gratitude and thank you towards all the Health care workers who fought tirelessly but lost their lives against COVID-19



Dr. Manoj K Goel

"Being healthy is a success, that many people forget to celebrate, take care of your health cause that's the only true wealth"



Dr. Arun Chowdary Kotaru

This Doctors day lets honour the health care workers who sacrificed their lives serving humanity by bridging the trust gap between patients and doctors. Sincere and wholistic approach is need of the hour!



Dr. Shivanshu Raj Goyal

Our front liner colleagues battled this relentless adversary of Covid 19, even lost their lives to save many more. To these fallen heroes I express my profound gratitude and admiration. Their legacy fuels our commitment to healthcare, reminding us of the profound impact we can have on other's lives.



Dr. Kapil Agarwal

The toughest responsibility of a doctor doesn't lie in treating the body but it lies in first treating the mind.

Dr. Mayank Chawla

Dear Front Line Workers - you are an inspiration. Thank you for your tireless efforts!



Dr. Danish Jamal

"The good physician treats the disease but the great physician treats the patient who has the disease."



Dr. Piyush Goel

Keep smiling and stay happy, that's all to keep your heart healthy



Dr. Namit Gupta

It's great that we can count on people like you that are risking their own health to help others. You are an inspiration. Thank Doctors for your



Dr. Vivek Barun

To all the healthcare workers: Not all heroes wear capes. Thank you for everything you do to keep our community healthy and safe!



Dr. Arun Saroha

Your health is as important as your patients



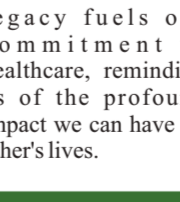
Dr. Lata Nagpal

A doctor is blessed with the magical powers to treat a life, to bring health into our lives and to be there with us when we have lost all the hopes. On Doctor's day, I would like to advise all the people to get regular health check ups so that many diseases can be prevented or picked up at early stage and treated properly. Happy Doctor's Day to all my colleagues.



Dr. Himanshu Champaneri

Grateful for all you do. You a true heroes. Words cannot thank you enough.



Dr. Rahul Jain

Doctors day is a celebration of our medical communities effort to alleviate human suffering by being sympathetic and compassionate about patients needs



Dr. Ritu Jain

For doctors. We learn to save lives and earn as byproduct to continue the journey called life.

Dr. Divya Kumar

On this doctors day let us pledge to be mindful about our health. Let us promote healthy lifestyle, scientific approach to illness and create an environment of trust and understanding where doctors can treat you optimally.

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